

Black River News

• Together • We • Can • Accomplish • Great • Things

VOLUME 14 ISSUE 9

September 2019

Fairy Land

In a previous issue of the Black River Newsletter the editor wrote about Fairy Gardens and Fairy sightings in the local area. She encouraged anyone with any interest to attend the Fairy Garden workshop at the hall and also for anyone encountering Fairy sightings to write to her. When I read the article I could clearly visualize the collective eye rolls, shoulder shrugs and sideways smirks in the community with the suggestion of "Fairy sightings". Well, I have long believed and continue to believe that sometimes it is not about the "seeing", it is more about the "feeling".

On one of the first glorious warm sunny days of the summer, following the downpours of the entire month of June and the July 1st weekend, my husband and I plopped the kayaks into the water at Goose Neck Cove. We leisurely paddled our way up the edge of the lake to the Narrows.

The water in the lake was still very high at this time so there was not much beach area at the narrows but we managed to move a few rocks and spread out our blanket for a rest and a snack before the paddle back.

It was a very quiet day on the lake with only two boats idling by while we sat and enjoyed the quiet beautiful day. As we looked out across the lake our only view was clear but dark water, lush green foliage, the brilliant blue sky and hundreds, and I mean hundreds, of

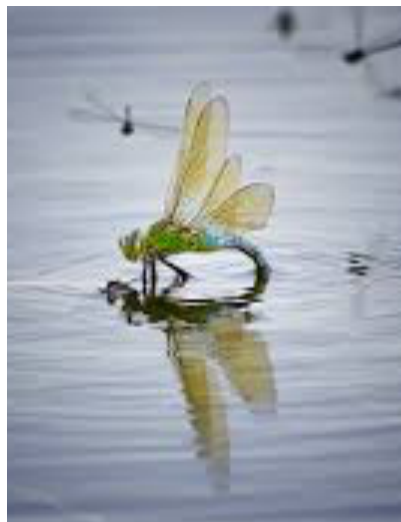
dragonflies.

We watched them dart and dive around us. Only stopping long enough to quickly touch the water, gently land on a rock or blade of grass and occasionally our knee or outstretched toes. Never visiting on us long and the slightest move sending them airborne again. It truly was quite magical.

Just as I was about to turn to my husband to say something he looked at me and said, "I feel like I'm in some kind of fairy land, or something." A smile spread across my face as I replied, "I was about to say the exact same thing!"

So remember, sometimes it's not about the "seeing", it's about the "feeling".

Submitted by a long time Black River resident and avid fairy seeker.



Please note the dates of meetings and events on the calendar on page 3.

Black River

... from the Wolfville Acadian

This column was originally printed in the *Wolfville Acadian*. The column is printed, as was the practice of the time, without the wife's name. Where it is known we have included it in brackets.

April 10, 1947

Mrs. L.W. (Mabel) Long has been discharged from E.K.M. Hospital. After spending a week with her sister, Mrs. R.H. (Abbie) Eagles, of Greenwich, she has arrived home. She is steadily gaining her strength and we hope she will continue until completely recovered. Mrs. Alvin (Ada) Ellis, of Victoria Beach, is at the home of her parents, caring for her mother during her convalescence.

Mr. Gerald Spinney, of Halifax, spent Easter at the home of his parents, Mr. and Mrs. Emory (Bessie) Spinney.

The Misses Ruth and Madge Long, of Halifax, were home for Easter. Ruth returned to the city while Madge plans to make an indefinite stay with her mother, Mrs. Jennie Long.

Our Primary teacher, Miss Everett, of Victoria Beach, is spending Easter holidays at her home. Miss Coldwell, the senior teacher, is spending her holidays at her home in Melanson.

Mr. and Mrs. Arnold (Barbara) Davison, of Forest Hill, and Mr. and Mrs. Gerald (?) Henderson, of Wolfville, were recent visitors at the home of Mr. and Mrs. Leslie (Mae) Ells.

Mrs. Amy Rowe, of Bishopville, was a recent visitor at the home of her sister, Mrs. Freeman (Lexie) Levy and Mr. Levy.

Virginia McInnis, young daughter of Mr. and Mrs. Clyde (Florence) McInnis, is in E.K.M. Hospital suffering from severe burns.

continued on page 2

NATURE'S PANTRY AND PHARMACY

TANSY

Remember, when considering the use of any plant, please clear it with your doctor.

Identification: Tall herb having fragrant leaves and a large flower head comprised of small, yellow buttons. Tansy is a plant that has been introduced to North America from Europe. Despite serious safety concerns, the parts of the tansy plant that grow above the ground are used to make medicine.

In the past, Tansy has been used for digestive tract problems including stomach and intestinal ulcers, certain gallbladder conditions, migraines, nerve pain, joint pain, and many other conditions, but there is no good scientific evidence to support these uses. **Using tansy might also cause toxic effects.** Be careful not to confuse tansy with tansy ragwort (*Senecio* species) and other plants generically referred to as "tansy."

Preparation: Fresh leaves or flowers can be dried however, it loses much of its strength in doing so. Plants can be cut and hung to dry. They impart a pleasant smell that can be a deterrent to flying insects. Fresh or dried, this plant releases its properties in alcohol. This type of preparation should be used externally only. By soaking parts of the plant in alcohol and adding a few drops of eucalyptus oil, it can be used as a rub for joints and sore muscles. Some people can have a reaction to this on their skin as this is relative of ragweed. This can also be used as a spray as it has found success against tics, fungus, bacteria, and parasites. It also might have anti-inflammatory activity. There have been many claims for the herbal use of Tansy, however there is insufficient evidence for to prove benefits for treating the following • Absence of menstrual periods (amenorrhea) • Ending a pregnancy (abortion) • Infection of the intestines by parasites • Migraines • Epilepsy • Fluid retention • Calming nerves • Kidney problems. More evidence is needed to rate the effectiveness of tansy for these uses.

Major Interaction: Do not take this combination! Alcohol interacts with TANSY! Alcohol can cause sleepiness and drowsiness. Tansy might increase the sleepiness and drowsiness caused by alcohol. Do not drink alcohol and take tansy at the same time.

Dosing: Pharmacy products: The appropriate dose of tansy depends on several factors such as the user's age, health, and several other conditions. At this time there is not enough scientific information to determine an appropriate range of doses for tansy. Keep in mind that natural products are not always necessarily safe and dosages can be important. Be sure to follow relevant directions on product labels and consult your pharmacist or physician or other healthcare professional before using. There are recipes for Tansy tea and other preparations that all have the potential for health problems. At this time it seems best to use this preparation as a defense against tics and insects and as an air freshener. Now, I'll leave you with this question: Have you ever smelled Absorbine Junior?



Black River *continued from page 1*

Miss Mabel Nowlin, who underwent an operation in her nose, is now at the home of her parents, Mr. and Mrs. Emory (Vera) Nowlin, and we are glad to be able to report she is improving.

Mr. Byron Long and Miss Verna Clem spent Easter at the latter's home at Aylesford Mountain.

The Avon River Power is now carrying on operations at Methols which is in our section. Mr. T. A. Nunn, of Halifax, is engineer in charge, Mr. John Deal, of Windsor, foreman. Neil (Pete) McIvor is in charge of drilling. Roy Welton, of South Alton, is dynamite man. Ronald Schofield, of White Rock, Freeman Ells, Black River, Victor DeAdder and Bernard Alders, of New Ross Road, are truck drivers. Mr. George Butler helps the blacksmith and files the saws. Basil DeAdder, of South Alton, is bulldozer man. Robert Kynock, of Forest Home, runs the air compressor. Chas. Horn, of South Alton, operates the jack hammer. L.W. Long is blacksmith. Quite a number are cutting out for the line. The plans are for an electric line, a dam and a power plant and it will be a busy spot for some time.

What might have been a very serious accident occurred in the intermediate room at the Black River School on Thursday, April 3, when Mary Anne Levy, six year old daughter of Mr. and Mrs. Freeman (Lexie) Levy, got a trout hook in the lower part of her eye. Oran Levy was called and rushed to the scene to take her to the hospital in his car, but by the time he arrived the teacher, Miss Everette, had extracted the hook and it was found that medical attention was not necessary. Pupils in this room are between the ages of five and twelve years and if not too young are too careless with fishing hooks. The matter has been taken up with the trustees and parents have been asked to see that their children leave all fishing rods, hooks and tackle at home.



what
is it?

• Grown in Black River • Not native to the province • Believed to be the 1st plant cultivated by humans

september events

Quilting & Crafts ...

Please remember that even if you are not interested in doing the activity advertised you are welcome to drop in and work on your own project, bring a show and share, or join us for a cup of tea or coffee. Samples of the projects will be available for viewing on Mondays.

Our sessions start at 11 am and usually go until 3pm, depending on participation. There are no sessions on holidays and the days that school is cancelled due to poor weather conditions.

September 9 - There is no specific project scheduled. I am going to bring material to cut for charity quilt tops. The first pattern will be the Disappearing Nine Patch. If you would like to help, please bring a cutting mat, lengthy ruler and a rotary cutter. We will sew the tops on another day. If you would like to make a disappearing nine patch quilt top for your own use, we can work on adjusting the pattern to the size of quilt you want. **September 16** - Easy Pot Holders - these are large, thick pot holders called the Cross Over Pot Holders. We have made these before. You will need your sewing machines and sewing kits (pins, scissors, seam ripper, etc.), 6 squares of cotton fabric 9 1/2 inches each (for one pot holder) and I will supply the insulation fabric. These pot holders make nice gifts and are very useful at home in your own supply of pot holders / trivets. There is no cost for this session. **September 23** - " Beaded" Snowflake Ornaments - all of the materials are supplied for this session and the cost is \$2.00.

Breakfast: Saturday, September 14 8 am-10 am. Come out to the Hall and enjoy our breakfast of scrambled eggs, toast, sausage, pancakes, baked beans, tea and coffee. **Admission: a free will offering.**

Card Making Classes: Thursday, Sept. 5 7 pm-9 pm. Instructor Diane Ellis provides the designs and all the materials needed to make your own cards. It is a great opportunity to make professional looking cards and have a lot of fun doing it. Course offered once a month on Thursday. **Admission: \$10**

September 30 - Hilda the Witch - Hilda is a friendly witch who will decorate your door or wall during the month of October. I will have kits cut out so this session will be spent sewing Hilda together. You will need your sewing machine and sewing kits. Also if you have left over batting (needs to be soft) or the fabric used for stuffing toy animals, please bring that with you. I will have a pattern for those who might want to make a second Hilda. The cost of this session is \$5.00. I will need to know who is coming to this session by Sept, 23, so I can get the kits together. (Judy 902 542 5182)

SUN	MON	TUE	WED	THUR	FRI	SAT
1	2 NO Quilting & Crafts	3 Simply Computer 12-3. \$3	4 Card Party 7-9 \$3 50/50 Lunch	5 Card Making Classes 7-9 \$10 Tai Chi 7:00	6	7
8 Farmer's Market & Cafe	9 Quilting & Crafts 11 pm - Ways & Means	10 Simply Computer 12-3. \$3 Directors' Meeting, 7-	11 Card Party 7-9 \$3 50/50 Lunch	12 Tai Chi 7:00	13	14 Breakfast 8am-10am Jam Session 7 pm-10
15 Monthly Meeting, 7-	16 Quilting & Crafts 11 pm - Book Club	17 Bookmobile 10:45-noon Simply Computer	18 Card Party 7-9 \$3 50/50 Lunch	19 Tai Chi 7:00	20	21
22 Farmer's Market & Cafe	23 Quilting & Crafts 11 pm -	24 Simply Computer 12-3. \$3 Maintenance Meeting, 7-	25 Card Party 7-9 \$3 50/50 Lunch	26 Tai Chi 7:00	27	28
29	30 Quilting & Crafts 11 pm - Heritage Meeting 7-					

NEWSLETTER

Website: blackrivercommunityhall.weebly.com

Facebook: @blackrivercommunityhall

Newsletter: sharonlake07@gmail.com
gladys.zanelong@xplornet.com

The deadline for submissions is the 15th of each month.

CONTACTS

Victoria: toria.tait@hotmail.com or facebook

Quilting & Crafts: levy.judy3@gmail.com

Book Club: mary.tanner.long@hotmail.com

Classifieds...

Looking for **QUALITY, DRY KINDLING** for the upcoming camping season? \$5 feedbag full. Call **Jack Spinney** 902.542.1552

PORCUPINE CREEK PRODUCTIONS - handcrafted by Nellie Schofield - nellieed.schofield@gmail.com. Tel: 902.542.5134

JESSICA MYRA - NATURAL FIBRE CREATIONS-
mothermuse@outlook.com

JACK SPINNEY BRAIDED RUGS - local and handmade, 85 Upper Sunken Lake Road, Wolfville, B4P 2R2 Tel: 902.542.1552

WANT A JOB HAYING? - Must be reliable, available on short notice and be able to throw 40 lb bales of hay. \$15/hr cash. Call/text: Paul Spinney 902.680.2032

Birthdays

Jay Harris	Sept. 2
Kenny Ells	Sept. 3
Morgan Gertridge	Sept. 3 (25 yrs)
Hunter Milligan	Sept. 8 (1 yr)
Brian Levy	Sept. 14
Cookie Spinney	Sept. 17 (84 yrs)
Blake Spinney	Sept. 17 (77 yrs)
Julie Hawkesworth	Sept. 18
Gertie Ells	Sept. 19 (84 yrs)
Eric Hoyt	Sept. 25
Jeff Long	Sept. 29

Anniversaries

Mark & Cheryl Rector	Sept. 1
Stephen & Valerie Harris	Sept. 3 (42 yrs)
Darren & Tina Gertridge	Sept. 19
Ed & Nellie Schofield	Sept. 24 (31 yrs)
Jay & Laura Harris	Sept. 25

Congratulations

Leisa MacNeil was the winner of the Oaklawn Zoo Family Pass.

EXECUTIVE ...

Black River Community Hall

989 Deep Hollow Road
Black River, NS B4P 2R2

President - Tina Gertridge
tinagertridge@gmail.com
902.542.4152

Vice-President -
Roswitha (Reta) Spinney
902.542.1552

Secretary - Mary Tanner Long
mary.tanner.long@hotmail.com
902.670.2212

Treasurer - Nancy Morse
nancymorse@hotmail.com
902.680.2095

Get Well Soon

Charlene Davies is recovering from surgery in August.

Sarah Levy has been very sick with pneumonia.

We wish them both a speedy recovery.

Condolences

Our sympathy goes out to the family of *Virginia (McInnis) Rector* who passed away in August.

www.whitefamilyfuneralhome.com/obituaries/140389

With Thanks

Under the Community Grants Policy the Black River Community Hall received a Councillor's Grant slated for community halls. Many thanks to the councillor for our area, Peter Allen and of course, a big thank you to Gladys Long who spent time researching, preparing and submitting the application. We very much appreciate it.

Community Members

Harlan Spinney has moved in with his daughter, Diane and son-in-law Bryce Ells. Friends are welcome to drop in and visit him anytime.

Harlan's grandson, Leslie Ells has purchased his home and is happy to be moving back into the community.

Sunken Lake Journal of Wildlife Observations recorded by Clara Spinney

August 1 - Took a kayak trip on the lake this evening, a kingfisher travelled along the shore with me - enjoyed the company.

Mother duck, that I had hoped was nesting, brought her new family of six.

Mother Loon feeds her 2 babies out front here often. (*Rumours of the loon babies' demise were unfounded. Thankfully they are alive and well. Sorry for upsetting our readers.*)

August 7 - How wonderful! Three new families of ducks here.

The waterlilies that used to cover the top end of the lake seem to be disappearing. Carrie Spinney Grover wrote of their beauty and profusion in the 1800's in the same area.

Baby loons growing fast.

Hummingbirds are fattening up for their trip south. Their visit is much too short!

August 10 - Seven geese came calling for a morning visit.

August 15 - Little yellow float plane back again today. Pretty.

Loons seem more vocal during the full moon. Such a lovely but sad sound.

August 21 - Love all the sounds of summer but Mr. Bullfrog could tone it down at times.

High temperatures, crickets chirping, frogs croaking, loons calling - What could be better and what would summer be without them? All the same sounds for hundreds of years.

Telephone Clara 902.542.3180 with any of your wildlife observations and she will add them to her own or email: claraspinney123@gmail.com

YOUR EVENT OUR LOCATION

- Meetings
- Parties
- Weddings
- Anniversaries
- Family-Get-Togethers

& whenever you need a meeting place.

Contact us for available

Dates and Rates.

Call Reta Spinney 902.542.1552