

Black River News

• Together • We • Can • Accomplish • Great • Things

VOLUME 15 ISSUE 2

FEBRUARY 2020

Sports Sparklers

Flashy **Bruce**

Long, ace goal-getter with Gaspereaux Red and Whites, triggered five goals and added two assists for a spectacular 7-point game that sparked his club's 10-0 decision over Port Williams in the Wolfville Suburban Hockey League. It was the second consecutive game in which Long had fired five goals, giving him an amazing total of 10 markers in his last two league games. The victory over Port Williams enabled his team to move to within four points of the leadership in the four-team Wolfville league. *Story submitted and thought to date from between 1958 - 1960.*



Heidi Voelker is an American former world cup Alpine ski racer who competed in three Winter Olympics. Born October 1969 in Massachusetts, she is the daughter of Lawrence Voelker and granddaughter of Eliza (Long) Voelker who grew up in Black River. Heidi



has many titles as a competitive ski racer and in 1994 she was National Champion in Grand Slalom. She has been the Ambassador of Skiing at Deer Valley, Utah since 1995 and is featured on Utah's "Ski" license plate



introduced in 2007.

Heidi is the first living person to featured on a state license plate.

Please note the dates of meetings and events on the calendar on page 3.

Cafe Name Change

Our Community Hall's Sunday Cafes which take place from May to December is seeking a name change which would better reflect the fewer Farmer Market vendors attending. Any vendors who have had tables and/or wish to have tables at the Cafe we hope you will do so as it is a great feature for the community and the Cafe. The cost is \$5 small table and \$8 for a large table. As an added incentive Vendors are able to have a 1/2 price lunch. **At this time we are looking to change the name only.**

We have some ideas but would appreciate additional community input. The following names were put forward: *Community Cafe, Black River Cafe, Hollow Leg Cafe, School-house Cafe, Last Chance Cafe, Garden View Cafe, Sunday Drive Cafe, Company's Coming Cafe, Hollow Road Cafe, Lunch at the Cross-roads, BRCC Sunday Cafe.*

Please email me with any new names or if any of the above seem to strike your fancy let me know.

Carrie Grover Project

Julie Mainstone Savas has given us a wonderful look at Carrie Grover, who we call Carrie Spinney Grover in Black River. Many of us know of her from earlier columns in this newsletter and because she is related to people in Black River. Carrie well deserves the recognition for her "Heritage of Songs" collection and for shining a light on life in Black River in the 1800's in her manuscript, which was brought to Black River by her daughters in the 1950's. She grew up in a time when singing was part of daily life and families made their own entertainment. Her family, especially her mother, Eliza (Long) Spinney valued the songs of her parents and those of her husband George Spinney. She realized that their music was rapidly fading in everyone's memory and was afraid that they would all be lost. She asked Carrie to remember them and Carrie made good on a promise to her mother in the "Heritage of Songs". Carrie recorded with some historic names in the preserving of folk music (Allan Lomax and Elouise Linscott). Her recorded music has been archived in the USA Library of Congress. To see more of Carrie Grover go to carriegroverproject.com

NATURE'S PANTRY AND PHARMACY

Spruce Beer

Homemade spruce beer has been something that I've wanted to make for some time but it just hasn't happened. I found a spruce beer recipe online and it isn't complicated. I also found one in "Out Of Old Nova Scotia Kitchens". I will give both recipes. The equipment for both is the same.



Harvesting Spruce Tips: Spruce tips are the bright green new growth on the end of spruce tree branches appearing in the spring. Using spruce tips in this recipe is preferred, but they are generally only available for a short time during the spring. Warmer regions will get spruce tips in late winter or early spring, and cooler regions in late spring. Try not to pick more than a small handful of spruce tips on each mature tree, and avoid taking tips from smaller trees. You can store these tips in the freezer if you are pressed for time. If it is the wrong time of the year for spruce tips, you can use spruce cuttings from older growth. The flavour will be a little stronger but still good. Tips from the Black, Red, White, Blue and Norway spruce can be used. You can also use the tips or older growth of any edible conifer such as pine, fir, or hemlock (the tree, not the poisonous plant). Be sure to avoid the yew tree as it is toxic.

Spruce Beer Recipe from the internet: This is an old-fashioned foraged brew. Feel free to add in some hops and malt if you are looking for more a **beer-like** flavour. This recipe called for champagne yeast but you can also use regular yeast instead. Before you start brewing, you will need some equipment.

Equipment: Sanitizer, Large Pot, Long Handled Spoon, Thermometer, Fine Mesh Sieve, Large Funnel, One Gallon Glass Jug, Airlock with Rubber Stopper, Auto Siphon with Tubing, Bottling Wand and Flip Top Bottles.

Ingredients:

1 Gallon Water 4-6 ounces of spruce tips or cuttings
3 cups dark brown sugar 1 lemon
1/2 package champagne yeast

Directions: Before you begin, sanitize all of your brewing equipment. Mix the water, brown sugar, and spruce tips in a large pot. Cut and squeeze the lemon into the pot. Bring to a boil and let it boil for 30 minutes.

Place the pot into a pan of ice water until the wort has cooled to room temperature, about 70°F (21°C).

Strain the wort into a one gallon jug, leaving 2-3 inches of head space at the top, then add the yeast.

Cap the jug with a lid and give it a few shakes to combine and aerate. Put a bit of water in the airlock to the line, then position it on the jug.

Let the spruce beer ferment for at least 2-3 weeks, until the bubbles in the jug have slowed significantly but not completely.

Let the bottles sit for 3-4 weeks before drinking. Serve cold!

Notes: Store beer in a cold, dark place to extend the shelf life to 1+ years.

Nutrition: Serving: 10 ounces | Calories 140 kcal | Carbohydrates 36g | Sodium 21mg | Potassium 61mg | Sugar 35g | Calcium 30mg | Iron 0.2mg

"Out of Old Nova Scotia Kitchens" Recipe

1 1/2 cups white sugar 1 quart of boiling water
3 quarts cold water 1 teaspoon vanilla
4-6 packages of dry yeast. 2-3 tablespoons of spruce extract

Directions: Dissolve the sugar in the boiling water. Add the cold water and the vanilla. Sprinkle yeast over and combine until well blended. Lastly add the spruce extract. Cover and set in a warm place to ferment about 12-16 hours. Remove the scum and bottle. Keep in a cool place.

You can use 4-6 ounces spruce tips or cuttings or green spruce buds if you like instead of the spruce extract.

Ed Schofield

Black River

... from the *Wolfville Acadian*

This column was originally printed in the *Wolfville Acadian*. The column was printed without the wife's name, as was the practice of the time. Where it is known we have included it in brackets.

July 17, 1947 *continued from last month*

The Community Club met with Mrs. Clifford (Ada) Long on Thursday evening. Work was done on a quilt and dainty refreshments were served at the close of the evening. Next meeting will be at the home of Mrs. Ian (Hazel) Long.

A shower was recently held in the school house for the newly-weds, Mr. and Mrs. Waldo (Dorothy) Long. They received many nice gifts and each expressed their appreciation. A bountiful lunch was served by the ladies of the community which brought the evening to a close.

Mr. and Mrs. Ian (Hazel) Long and family, accompanied by Mr. Leverett Long, motored to Windsor on Sunday to visit Mrs. Florence Tucker, of New Hampshire, who has been visiting Mr. and Mrs. Lloyd (Alice) Jodrey. She returned with them and will visit this week with Mr. and Mrs. Ian (Hazel) Long.

Mr. and Mrs. Norris (?) Hennigar, of Kentville, spent Sunday with Mr. and Mrs. Frank (Phyllis) Ells.

Sunday visitors at the home of Mr. and Mrs. Freeman (Lexie) Levy were Mrs. and Mrs. Charles (Sylvia) Schofield and family, of Windsor Forks, and Mr. Arch Lightfoot, of Wolfville.

Mrs. Sadie Buckley, of USA, arrived on Tuesday last to visit several weeks with her son, Arthur, and family, of Lumsden.

Mrs. David (Jennie) Long and daughter Ruth returned after visiting relatives in the USA for the past three weeks.

Mr. and Mrs. John (?) Schofield are visiting with their son Seldon for a few weeks in New Brunswick.

Mr. and Mrs. Clifford (Ada) Long and boys motored to West Dublin, Queens County on Saturday. Mr. Long returned on Sunday, but Mrs. Long and boys are visiting there for a week.

february events ○○○

Quilting & Crafts ...

Feb - 3,10,24 - During the month of February, we are working on charity quilts for infants, youth and adults. Kits for the quilt tops are being made up and can be sewn at the Hall or at home. We will be making pillowcases using the rolled pillowcase pattern. Anyone interested can drop in on a Monday, have a look and get the measurements for the materials needed. There will be a quilt available if someone would like to do some hand quilting. Individuals are encouraged to bring their own projects to work on or share, and/or just drop in for tea or coffee. Samples of the projects will be available for viewing on Mondays. Our sessions start at 11 am and usually go until 3 pm, depending on participation. **There are no sessions on holidays and the days that school is cancelled due to poor weather conditions.**

Pot Luck Supper. Feb 15 Stamp out the Cold with a **Community Pot Luck Supper** starts at 4 pm. Bring your Supper, Tea and Coffee provided. Games, Bingo, Cards, Prizes after supper. 50/50 Tickets.

March Entertainment Heads-up - March 28, 7-9 pm MARSHALL LAKE performing at the Hall. Prepare to enjoy a foot tapping, good vibrations musical evening. For more info see next month's newsletter. Canteen Available.

White Rock Community Hall

Darts - ongoing every Monday 7pm. Everyone is welcome and **no experience required**. \$2 drop in fee. Teams are formed by draw from those present. Tons of fun!

Fitness Class - ongoing every Tuesday & Thursday 10:30 am-11:30 am.\$2 drop in fee. Led by qualified seniors' fitness instructor Robin Foster. For information call Dianne 902 542 3109 or just come. Everyone is welcome.

Card Parties - ongoing every Wednesday 7pm. Everyone is welcome. \$3 drop in fee includes a light lunch. Call Deanna 902 542 7234 with questions or just come!

Feb. 9 Soup Luncheon 11:30am - 1pm
Admission: \$10.

| SUN | MON | TUE | WED | THUR | FRI | SAT |
|-------------------------------|--|--|-----|------|-----|---|
| | | | | | | 1 |
| 2 | 3 Quilting & Crafts 11-3 Ways & Means 7-8 | 4 Bookmobile 10:45-12 Simply Computer 12-3 | 5 | 6 | 7 | 8 |
| 9 | 10 Quilting & Crafts 11-3 | 11 Simply Computer 12-3 Directors' Meeting 7-8 | 12 | 13 | 14 | 15 Pot Luck Supper starts at 4 Games,Bingo 50/50, Prizes |
| 16 Monthly Meeting 7-8 | 17 NO Quilting & Crafts Book Club 7-8 | 18 Simply Computer 12-3 Maintenance Meeting, 7-8 | 19 | 20 | 21 | 22 |
| 23 | 24 Quilting & Crafts 11-3 Heritage Meeting 7-8 | 25 Bookmobile 10:45-12 Simply Computer 12-3 | 26 | 27 | 28 | 29 |

NEWSLETTER The deadline for submissions is the 15th of each month.

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Classifieds...

PORCUPINE CREEK PRODUCTIONS - handcrafted by Nellie Schofield - nellieed.schofield@gmail.com. Tel: 902.542.5134

JESSICA MYRA - NATURAL FIBRE CREATIONS-
mothermuse@outlook.com

JACK SPINNEY BRAIDED RUGS - local and handmade, 85 Upper Sunken Lake Road, Sunken Lake B4P 2R2 Tel: 902.542.1552

Looking for KINDLING for the winter season? Look no further. Jack Spinney is offering **QUALITY, DRY KINDLING** at the great price of \$5 for a full feed bag. Call Jack at 902 542 1552.

Birthdays

| | |
|---------------------------------|---------|
| Elizabeth Levy | Feb. 3 |
| Larry Spinney | Feb. 5 |
| Reta Spinney | Feb. 6 |
| (Happy 65th Birthday from Jack) | |
| Taryn Long | Feb. 7 |
| Perry Levy | Feb. 7 |
| Samantha Gertridge | Feb. 7 |
| Jennifer Bigelow | Feb. 7 |
| Wanda Schofield | Feb. 7 |
| Brenda Bylund | Feb. 10 |
| Kelvin Davison | Feb. 11 |
| Annette Schofield | Feb. 13 |
| Noah Tait | Feb. 14 |
| Joel Sheffield | Feb. 17 |
| Lorna Pick | Feb. 18 |
| Carl Levy | Feb. 19 |
| Trina Long | Feb. 26 |
| Tammy Schofield | Feb. 28 |
| Brody Davies | Feb. 28 |

Get Well Soon

Jean Spinney fell and broke her wrist. We wish her a speedy recovery.

Angela Levy, daughter of **Brian** and **Pat Levy**, is recovering from a stroke in Kentville hospital. We wish her continued recovery.

EXECUTIVE ...

Black River Community Hall

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Treasurer - Nancy Morse
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Condolences

Wanda Pearl Redden passed away in January. **Glenda Mae "Glennie" Schofield** passed away also in January. They will be missed terribly by their families, friends and the community. We extend our sympathies to both families.

Wanda Pearl Redden
whitefamilyfuneralhome.com
[facebook.com/603550080/posts/10157511643850081/?d=n](https://www.facebook.com/603550080/posts/10157511643850081/?d=n)

Glenda Mae "Glennie" Schofield
whitefamilyfuneralhome.com
<https://www.facebook.com/519080105/posts/10163127858860106/?d=n>

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Sunken Lake Journal of Wildlife Observations recorded by Clara Spinney

Jan. 1 - ice fisherman on the lake bright and early.

Jan 2 - saw a flock of snow buntings, beautiful. Put a separate bird feeder on an old Christmas tree on the deck. Lots of chickadees and nuthatches coming to it. Of course, I still have our entertaining woodpeckers.

Jan. 5 - a very large flock of gold finches to feeder today.

Jan. 8 - a very snowy day, the woodpecker has been here all day sleeping and eating - feeders have been busy.

Jan. 10 - have had a flock of mourning doves-they are always at feeder but this flock had 31.

Jan. 11 - a very mild day so birds are taking advantage of it. Maybe they think it is spring.

Jan.14 - one lone starling to my feeder. Lately more and more birds at the feeder.

Jan. 15 - one lone grosbeak to my feeder. What's with these single guys?

Jan. 17- cold, windy day, so a very busy day at the feeders. So glad for all the amusement. Woodpeckers are not here. First time they have missed a meal all day long.

Jan. 18 - storm forecasted. The feeders are so very busy. The male gold finches already have a slight pigment change to their colour - it's a start.

Jan. 19 - lots of activity at the feeders, such fun. A pileated woodpecker makes his rounds every winter to the telephone pole across from my driveway. On the top part of the pole they are starting on their 18th hole. We have bobcat tracks at our garden spot and by the chicken coop.

Telephone Clara 902.542.3180 with any of your wildlife observations and she will add them to her own or email: claraspinney123@gmail.com

YOUR EVENT OUR LOCATION

- Meetings • Parties • Weddings
- Anniversaries

- Family-Get-Togethers

& whenever you need a meeting place.

Contact us for available
Dates and Rates.

Call Reta Spinney 902.542.1552