

## Geology of Sunken Lake

Another interesting glacial feature that only occurs in Black River is Sunken Lake. This lake is unique to many lakes in Nova Scotia in that it is largely spring-fed rather than having water run into the lake from the surface. The lake water is clear and does not have the typical bronze colour water that gives the name of Black River to the main drainage river of the community.

Sunken Lake was formed when a small glacier was left isolated from the retreating and melting main glacier. Glacial gravels were shed and deposited around the perimeter of the ice block during the melting process. The sand and gravel that was trapped in this ice block and shed around the perimeter of the block provided a natural filter for the water making it clear. After the ice block melted only the lake remained with no large surface inlet to the lake and only a small drainage creek in the south western portion of the lake. This drainage creek is mostly active during spring runoff. There was a saw mill located on this outlet for a number of years. This type of lake is known geologically as a Kettle Lake. The melt waters from the Sunken Lake ice flowed eastward joining the melt waters from the main glacier in the Bentley Meadow area contributing additional water to the Schofield Brook drainage system. Residents of Black River always said that Sunken Lake has no bottom and the true depth of the lake is not known. There is truth in this statement and confirms the Geological origin of the lake as an ice block hole surrounded by glacial gravels and sand shed from the ice during the melting process of the ice block.

This lake is on the highest part of the South Mountain and on some topographic maps was named Summit Lake\*, but locally the lake is Sunken Lake.

For many years ice from Sunken Lake was harvested and in the author's memory was stored in the Clifford Long ice house buried in sawdust for year-long use. This ice was the source of ice for making ice cream during the hot summer months and for those who owned an ice box before the days of refrigerators. The clear clean characteristics of the lake water made ideal ice.

- **Ron Buckley**, from a draft of "*Geological History of Black River, Kings County, Nova Scotia*"

\* Editor: On some maps it is also called Sumpter Lake.

## Water Tests at Sunken Lake

Sunken Lake Camp tests its drinking water for safety regularly. Beginning in August 2019, the lake water is being tested for swimming and other recreational use.

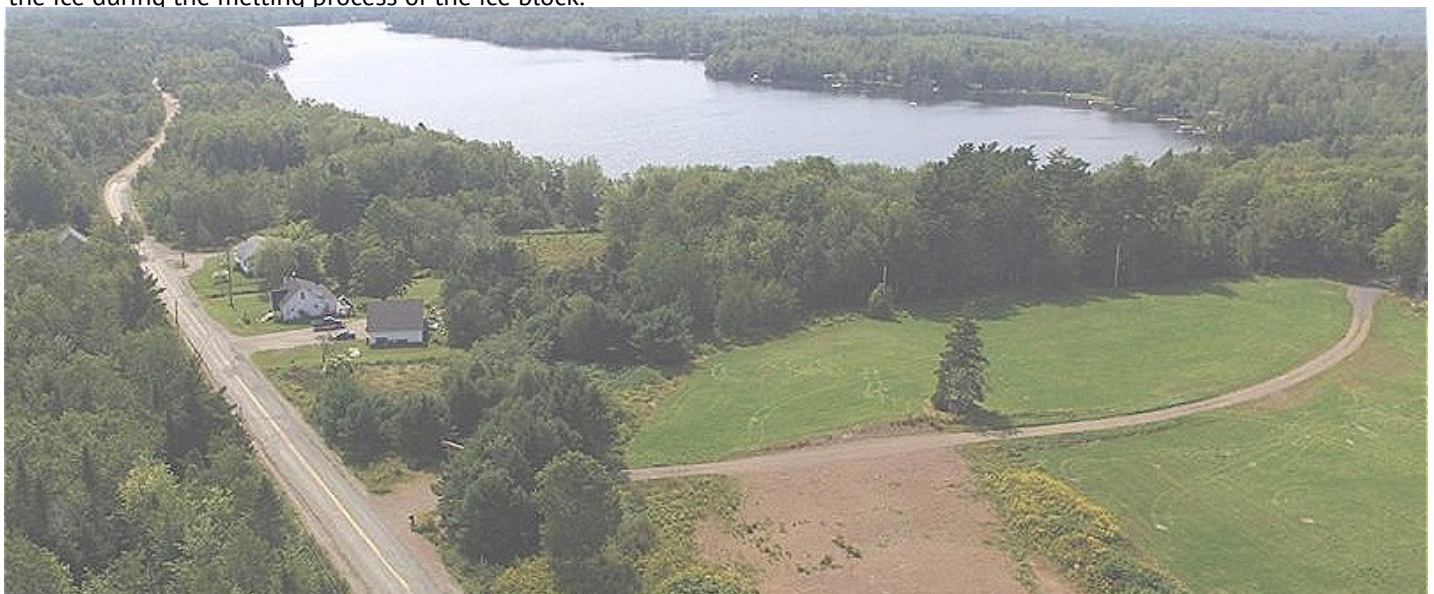
A test for drinking water was performed and analysed at Yarmouth Hospital lab on kitchen tap water :

total coliform Absent/100ml

E. coli Absent /100ml

These results related only to the water sample submitted. Contact [www.gov.ns.ca/nse/water/thedroponwater.asp](http://www.gov.ns.ca/nse/water/thedroponwater.asp) for interpretation.

Sunken Lake photo by Bob Moore.



## Edible Flowers

During this time of year, blossoms are seen in abundance. I started this column with the thought of listing a few flowers that are considered edible at this time of year. Well, it turns out that nearly ALL the blossoms are edible and quite tasty, with a few exceptions. **Some blossoms are toxic to both animals and humans so when in doubt check to be sure.** All the blossoms that you plan to use *must be free of any sprays* and also have *no uninvited critters along for the ride*. The blossoms should be fresh.



**For Meals:** Most blossoms can be added to cold meals such as salads and cold soups. Some of the most recognized are: chives, sage, hosta, rose petals, violets (pansies), nasturtiums and fruit blossoms.

**For Drinks:** We all enjoy a cold drink of water with lemon or cucumber. Did you know that water can also be flavoured with blossoms of most herbs? These include: lemon balm, oregano, basil, and savory. The blossoms of any of the scented geraniums can also be used.

**Glazed or Candied:** Some of the most

surprisingly decorative and delicious blossoms are those that are glazed or candied. These include: angelica, rose petals, peony petals, violets and fruit blossoms.

I thought you might like the recipe for the glazed blossoms so here you go!

### INGREDIENTS

1 egg white  
 3-6 drops 100 proof vodka, flavoured (optional)  
 superfine sugar (caster)  
 Petals: violets, begonias, pansies, Johnny-jump-ups, rose petals, lilac, borage, pea, pinks, scented geraniums. Amount depends on the size of flowers so between 30-90 petals.

### DIRECTIONS

Beat egg whites until frothy. Add a couple of drops of vodka to help the flowers dry quicker.  
 Using fresh picked flowers, paint each flower individually with beaten egg white using an artist's paintbrush.  
 When thoroughly coated, sprinkle with fine sugar and place on the wire rack to dry. Flowers are completely dry when stiff and brittle to the touch. They should be free of moisture. This could take 12-36 hours, depending on humidity. To hasten drying, you may place the candied flowers in an oven with a pilot light overnight, or in an oven set at 150°-200°F with the door ajar for a few hours.  
 Use them for cake or cookie decorations or eat like candy!  
 Store the dried, candied flowers in an airtight container until ready to use. They will keep for as long as a year.

Enjoy!



Ed Schofield

## Black River

... from the *Wolfville Acadian*

This column was originally printed in the *Wolfville Acadian*. The column was printed without the wife's name, as was the practice of the time. Where it is known we have included it in brackets.

### September 4, 1947 (continued)

Mr. and Mrs. Will (?) Levy and family, of Melrose, Mass, spent Tuesday with Mr. and Mrs. Stanley Levy.

Mrs. Joe (Blanche) Smith spent Monday with Mr. and Mrs. William (?) Smith, of Grand Pre.

A special sing song service was held in our church on Sunday evening. A silver collection was taken to help buy the C.G.I.T. girl's uniforms.

We wish to thank everyone who helped to make the pie sale a success on Tuesday night. The proceeds which amounted to \$34 were to help wire the church.

Mr. Eric Miner, a former pastor, who has been preaching through the summer at Advocate, visited in our community on Tuesday.

Several boys and their leaders from Grand Pre, White Rock, Gaspereau and Black River are spending this week camping at Sunken Lake.

Mr. and Mrs. Clifford (Ada) Long spent Friday evening with Mr. and Mrs. Arthur (?) Buckley, of Lumsden.

Mr. and Mrs. Frank (?) Davis and baby of Spryfield, are visiting with the latter's parents, Mr. and Mrs. Edgar (Aggie) Weir.

Charleton Levy and Jean Nowlin spent last week at Lake George attending the Y.P. camp.

The Community Club met at the school house last week with Mrs. Vincent (Minnie) Schofield and Mr. and Mrs. Walter (Mildred) Schofield as hostesses. Next meeting will be at Mrs. Arthur (?) Buckley's, Lumsden.

Mr. and Mrs. Adelbert (Frances) Eagles and Charlotte, spent Sunday with the former's parents, Mr. and Mrs. Otis (?) Eagles. of Melanson.

Miss Mabel Nowlin, who has been working in Wolfville, spent the week end at her home.

# Class of 2020



**Graduates 2020:** For those students who graduated in 2020, graduation had a different look and feel. You have probably seen the pictures celebrating each scholar's completion of High School at the end of each of their driveways. Perhaps it will become a graduating tradition. From Horton High School the following students graduated this year.

## From The Black River/Sunken Lake area:

• **Rachel Creaser** is the daughter of Cynthia (Cindy) Creaser, Jeff Creaser and step-father Joey Brown. She plans to attend Acadia University in the fall to study physics.

• **Owen Mummery**, son of Tara Leigh Mummery and Randy Vaughan. His plans after graduation are presently unknown.

• **Lorna Pick** is the daughter of Philip and Tracey Pick. She plans to take some online courses in preparation to applying to Kingstec later on.

• **Dylan Schofield** is the son of Pam and Todd Schofield. He graduated with honours and has been accepted to Acadia University where plans to study engineering. He finished his hockey season in February with the Valley Wildcats Junior A team and is hoping to play hockey with them in the fall while attending Acadia.

## From the White Rock area:

• **McKenna Samson**, daughter of Mark and Denise Samson. Her plans are unknown at time of printing.

• **Olivia Keddy**, daughter of Joe and Heather Keddy. Her plans are unknown at time of printing.

*Tired of Preparing A Meal?*

# TAKE OUT Cold Plate Supper

**FRIDAY, AUGUST 14**

Black River Community Hall  
4 pm-6 pm

*Cold Plate includes  
salads, cold cuts, roll,  
bag of chips and  
cold drink*

\$ **8**  
Plate

Pre-order Recommended



*Let us Make Your Supper  
or Picnic! Pick up  
between 4 & 6 with Covid  
Prevention & Social  
Distancing Guidelines*

**To preorder please call**  
902 542 5125 or 902 542 7913  
or email: [sharonlake07@gmail.com](mailto:sharonlake07@gmail.com)

PROCEEDS TOWARD UPKEEP OF HALL

## NEWSLETTER

Website: [blackrivercommunityhall.weebly.com](http://blackrivercommunityhall.weebly.com)

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*The deadline for submissions is the 15th of each month.*

## CONTACTS

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## Classifieds...

**PORCUPINE CREEK PRODUCTIONS** - handcrafted by Nellie Schofield - nellieed.schofield@gmail.com. Tel: 902.542.5134

**JESSICA MYRA - NATURAL FIBRE CREATIONS**-mothermuse@outlook.com

**JACK SPINNEY BRAIDED RUGS** - local and handmade, 85 Upper Sunken Lake Road, Sunken Lake B4P 2R2 Tel: 902.542.1552

Looking for KINDLING for the winter season? Look no further. **Jack Spinney is offering QUALITY, DRY KINDLING** at the great price of \$5 for a full feed bag. Call Jack at 902 542 1552.

## Birthdays

Ken Bylund	August 10
Debbie Hancock	August 13
Brody Russell	August 16
Stephen Levy	August 17
Doreen Arnburg	August 28
Joe McInnis	August 30
Leslie Ells	August 30

## Anniversaries

Zane & Gladys Long	August 1
Bruce & Diane Ells	August 2
Jeff & Debbie England	August 6
Frank & Shelley Hill	August 6
Justin & Amy Davies	August 15
Donnie & Theresa Feltmate	August 17
Jeff & Mary Tanner Long	August 20
Todd & Pam Schofield	August 24
Bruce & Tanya Hoyt	August 30
Rick & Pearl Tait	August 30

## With Appreciation

The Black River Community Hall and the Cemetery Maintenance Committee would like to extend a huge thank you to **Paul and Brody Russell of High Valley Excavating** for the load of topsoil they donated to the cemetery. It was greatly appreciated and will be very useful in the upkeep of the cemetery.



Perry and Sarah Levy's daughters, Livia and Lucie selling "the best strawberries in the world".

## Coming Soon Seniors' Social

Wednesday afternoons this Fall - **Senior's Social at the Hall** from 1pm-3pm.

Refreshments, tea & coffee  
Cards & Games available.

**Everyone Welcome! Enjoy the company of friends and neighbours. No Admission.**

**Further information next month.**

## Sunken Lake and Area Journal of Wildlife Observations

recorded by **Clara Spinney**

**June 20-** The junco nest I have been watching was stolen - I believe by a snake.

**June 23** - Compared to other years it was a low hatching of dragonflies this year and there seems to be an extra large amount of chipmunks in the area. They are stealing food from my chickens at such a rate they must have a silo.

Laurie Levy has had barn swallows nesting in his barn. As this is the first in ten years it is very exciting.

**July 3** - Notice fewer hummingbirds at the feeders lately - hope that is because of there are so many blooms available.

Have not had the woodpecker that believes he is a hummingbird lately.

**July 7** - Ducks are keeping me entertained by following me around hoping to be fed - at all daylight hours. Byron Spinney and Levi Pick were out walking when they met up with this cute and very curious fawn. While the little fawn tried to figure out what they were the mother deer watched at a distance. Last month Laurie Levy saw a bear on the north side of Sunken Lake. The loons don't seem to have a nest this year.

Through January and February I dream of summer with all its sounds and smells. Well it is mid July and my patience is just about spent with bull frogs. They never stop all night long.

**July 17** - A sighting of a large bear in the road was this evening's reward during a drive around the lake. I was so excited.

**July 20** - The hummingbird count has gone up abruptly today. These must be the babies.

**July 21** - A passing deer ate all the tomatoes, then feasted on the little pears in my garden.

Robert and Beth Sanford had a chipmunk jump in their paint can, causing alarm. It ran off and when it returned it was wet with most of the paint gone. Must have jumped in the lake. Quite a laugh.



Telephone Clara 902.542.3180 with any of your wildlife observations and she will add them to her own or email: claraspinney123@gmail.com

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